

## KEY STAGE 1

Pupils should be taught to:

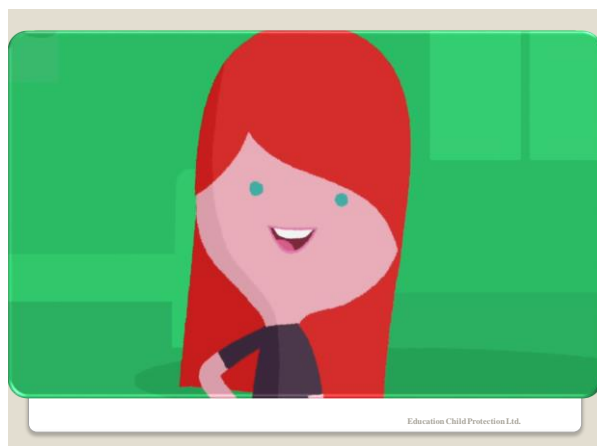
'Use technology **safely** and **respectfully**, **keeping personal information private**; identify where to go for **help and support** when they have concerns about **content** or **contact** on the internet or other online technologies.'

## KEY STAGE 2

Pupils should be taught to:

- 'Use search technologies effectively, appreciate how results are selected and ranked, and be discerning in evaluating digital content.'
- 'Use technology **safely**, **respectfully** and **responsibly**; **recognise acceptable/unacceptable behaviour**; **identify a range of ways to report** concerns about **content** or **contact**.'

"When we change how  
we **communicate**,  
we change **society**"  
(Clay Shirky)



**There are 7.1 billion people on the planet,  
...there are 7.4 billion active mobile phones**

1.4 billion profiles worldwide  
300m photos uploaded every day

facebook

770m users worldwide  
1 billion tweets every two days

twitter

60 hours of video posted every minute  
4 billion videos watched every day

You Tube

700m users worldwide  
34 billion messages sent every day

WhatsApp

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### How to control your content...

- Limit posts to be seen by 'friends' and not 'public'
- Click 'Protect my Tweets' so only approved users can see them
- In 'Edit your Profile', change the 'Posts are Private' feature to 'On'
- Make videos private by adjusting 'Broadcast and Sharing Options'



# CEOP




[www.ceop.police.uk](http://www.ceop.police.uk)    [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

Child Exploitation Online Protection Centre

 **REPORT ABUSE** 

### When should I report to CEOP...?

- If you are being asked to **do something** that makes you feel uncomfortable 
- If someone is being insistent on **meeting up** 
- Maybe **inappropriate chat** messages you are receiving 
- Someone acted **aggressively or threatened you** online, or another child you know 

 **REPORT ABUSE** 

CEOP receives on average 50 reports a day

Child Exploitation Online Protection Centre (CEOP)

### Welcome to CEOP's Thinkuknow

Come in to find the latest information on the sites you like to visit, mobiles and new technology. Find out what's good, what's not and what you can do about it. If you look after young people there's an area for you too - with resources you can use in the classroom or at home. Most importantly, there's also a place which anyone can use to **report** if they feel uncomfortable or worried about someone they are chatting to online. All the information here is brought to you by the team at the **NSA's CEOP command**. We hope you like it!

Are you...

- 5-7?
- 8-10?
- 11-13?
- 14+?
- Parent/Carer?
- Teacher/Trainer?

 **Match Game**

Ever posted something you regret? Find out how to get help when things go too far. You choose what happens in this interactive film!

 **REPORT ABUSE** 

Advice... Help... Report...





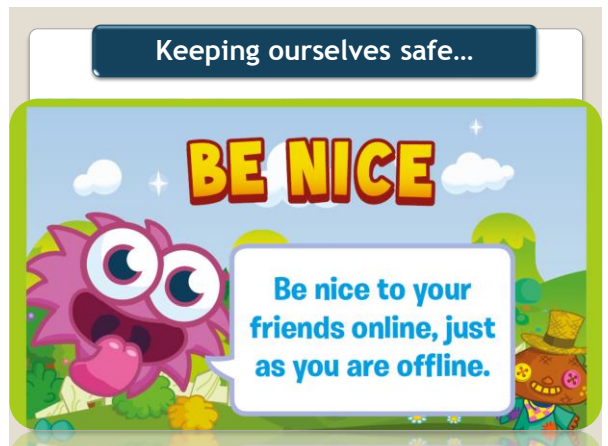
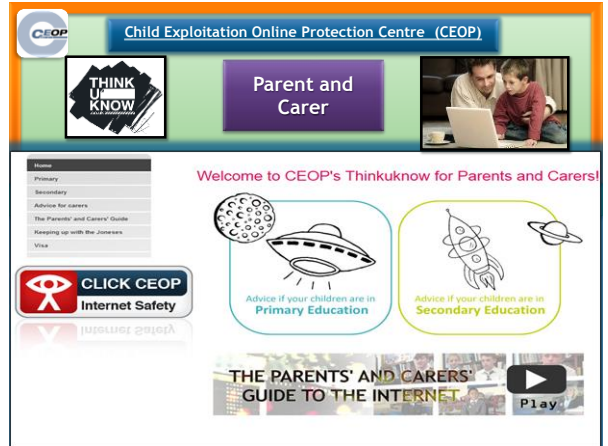
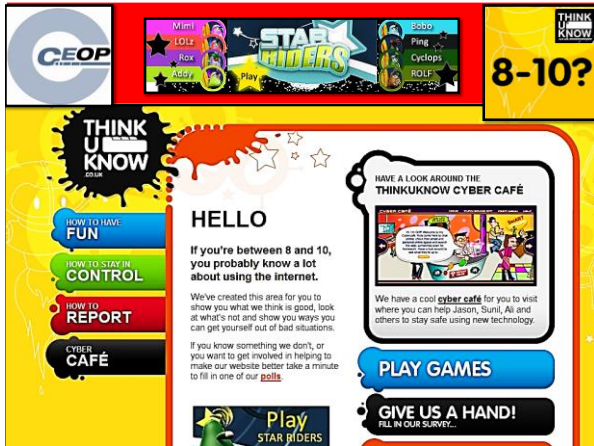
 Chatting  Games  Email  Friend Sites  Being Nice

Home  
Have fun  
Be careful  
Know who to talk to  
Goodies  
Lee and Kim  
Hector's World  
Top Tips

### How can I be careful?

Do you think you know how you can stay safe when you are using the Computer?







Keeping ourselves safe...

## REAL FRIENDS

It's easy to draw a picture of an offline friend, but you don't always know who an online friend is.

Always talk to your parents about friends you meet online.



Keeping ourselves safe...

## TELL SOMEONE

If you get stuck, or anything online upsets you, talk to your Mum, Dad or another adult.




Keeping ourselves safe...


## ASK FIRST

Check with your parents before you download anything new.


Some apps and games may cost money, or may not be good for you, your computer, or your phone.



## Archie the penguin and the Birthday Surprise



## Daddy Penguin made Archie learn a new song about how to keep safe on the laptop



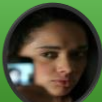


Before you click, click, click

You need to Think, Think, Think

And TELL Someone

There are **education programs** for all primary and secondary year groups, including **age-appropriate films** to show the children.

 <p><b>'Animal Magic'</b> 4-8 yr olds</p>	 <p><b>'Jigsaw'</b> 8-11 yr olds</p>	 <p><b>'Exposed'</b> 11-18 yr olds</p>
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UK average age - first mobile phone : 8 years  
81% of UK's teenagers own a smartphone

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**Online grooming: The five stages**

**1**

**Friendship**

**Flattering a child**  
 into talking in a private chatroom/game where they will be **isolated**  
 The child will often be asked for a **non-sexual** picture of themselves

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**Online grooming: The five stages**

**2**

**Forming a relationship**

**Gaining information**  
 asking the child what problems /needs they have to create the illusion of being their  
**best friend** and that they can help  
 They begin to fill the needs of the child

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**Online grooming: The five stages**

**3**

**Risk assessment**

Asking the child about  
**the location of their computer/tablet and who else has access to it**  
 in order to assess the risk of being detected. The desire is to  
**create situations where they are alone together**  
 to help reinforce a  
**special connection**

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**Online grooming: The five stages**

**4**

**Exclusivity**

Building up a sense of  
**mutual love and trust with the child**  
 suggesting that they can discuss **"anything"**

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**Online grooming: The five stages**

**5**

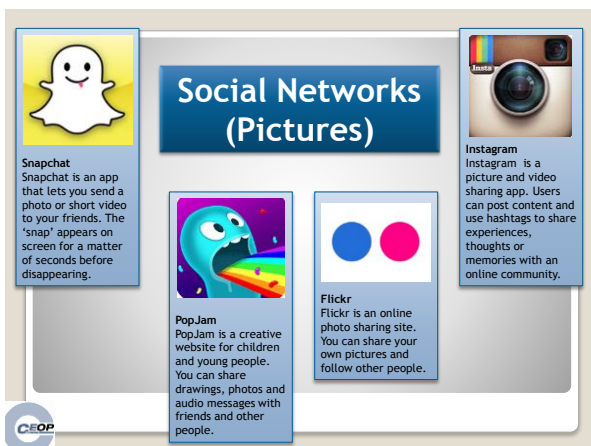
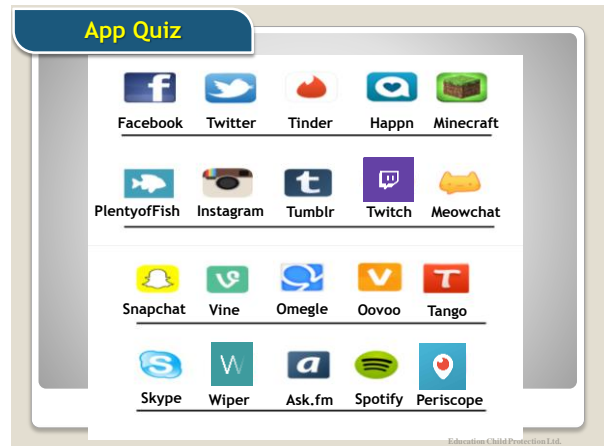
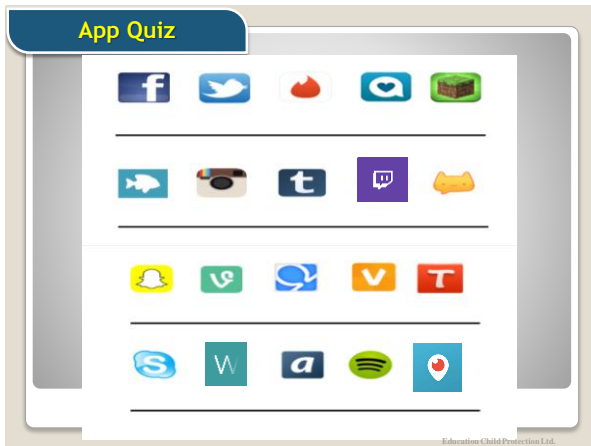
**Sex talk**

Engaging the child in  
**explicit conversations & requesting sexually explicit pictures from them**  
 At this stage the predator will usually try to  
**arrange a meeting with the child**

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**APPS**





**Child Exploitation Online Protection Centre (CEOP)**

**91% of children aged 2 - 17 play video games**

Parents don't see these devices as 'computers', and children don't see gaming as an issue ie. Sharing personal information

**MailOnline News**

**Head teachers to report parents to police and social services if they let their children play Grand Theft Auto or Call of Duty**

- Letter sent to parents warning about children playing computer games
- It says 18+ games can expose children to too much violence and sex
- Nantwich Education Partnership said allowing children to play these games, such as Call of Duty, is 'negligent' and puts them at risk
- It warns that teachers will contact police or social services if they are made aware children have been exposed to these violent video games

Very strong violence  
Frequent strong/very strong language  
Strong portrayal of sexual activity  
Scenes of strong sexual violence  
Strong horror  
Strong blood and gore  
Real sex  
Drug taking  
Discriminatory language or behaviour

**18**

**BBC NEWS ESSEX**

12 January 2015 Last updated at 18:30

**Breck Bednar murder: Lewis Daynes sentenced to life in prison**

The BBC's Daniel Boettcher reports on how Lewis Daynes lured Breck Bednar

A teenager has been sentenced to life in prison for the murder of a 14-year-old boy he met through online gaming.

**cyberbullying**

Cyberbullying is when someone bullies others over the internet or on a mobile phone by sending abusive emails or texts directly or by posting nasty comments or humiliating images for others to see. Like any form of bullying, cyberbullying can be horrible for the children involved and hard for them to talk about.

- 24 hours a day, 7 days a week, 365 days a year
- No safe place, hard to escape
- Bully can be anonymous
- Doesn't empathise with victim
- Easily shared with an audience and has the ability to go viral in seconds

**ChildLine**  
0800 1111

4,500 young people talked to ChildLine about online bullying last year.

2014

**cyberbullying**

What should I do if my child is being bullied online?

**Stay calm**  
Listen without judging  
**Tell them you can help**  
Praise them for talking to you  
**Keep the evidence**  
Block the bullies  
Don't deny access to technology  
Ask them not to reply

Report information to your child's school.

Messages Jenny Edit

Omg did you see what Kaitlyn was wearing today? LOL!!

OMG!! Yes!! Ugliest outfit ever!!!

Hahaaaa. Do NOT invite her to you're party!!

I wont :)

**cyberbullying**

**Tips for Dealing with CYBERBULLYING**

- Start
- Telling
- Other
- People
- Speak up
- Save the evidence
- Report
- Try not to respond
- Block the Bully
- Be aware of what you share

#CyberSm



## cyberbullying

**Tell the HeadTeacher**  
Under new laws, the head teacher of a school now has the power to “enable them to police cyber-bullying carried out by pupils - even at home”

**Tell CEOP**  
If you think it is worthy of a CEOP report, then the police will listen to your problems and investigate accordingly

**Call ChildLine....**

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### Child sexting cases 'reported daily' in UK

© 15 June 2015, UK





Snapchat



Kik



WhatsApp

### Language Children Use Online..

**ASL**

‘Age, Sex, Location’

**POS or MOS**

‘Parent over Shoulder’ or ‘Mum over Shoulder’

**IRL or LMIRL**

‘In Real Life’ or ‘Let’s Meet in Real Life’



MAKING THINGS SAFER

Making things safer....

## Parental Controls

Because of INTERNET dangers, parents must take the initiative to protect their children.

Making things safer....

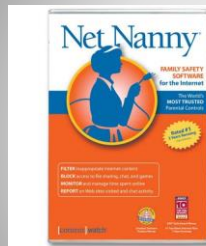
- Block websites** - stop your kids from seeing inappropriate content
- Set time limits** - manage how long your children spend online
- Get instant alerts** - get email or text alerts when your kids try to view blocked sites or post confidential information
- Social networking tools** - control the use of social networks like Facebook and Twitter and set up text alerts if personal information is posted

## Making things safer....



- **YouTube filtering** - a unique technology to prevent exposure to unsuitable content
  - **Usage reports** - review your children's online activity from anywhere in the world
- As well as parental controls.
- **Advanced spam filtering** - with image blocking to protect children from offensive content
  - **BT Cleanfeed** - blocks sites classified as illegal by the Internet Watch Foundation
  - **Access to our internet abuse prevention team** - for children or parents to report any concerns

## Making things safer....



These will allow you to prevent children from accessing certain sites - but they are not a completely full-proof system

## Making things safer....

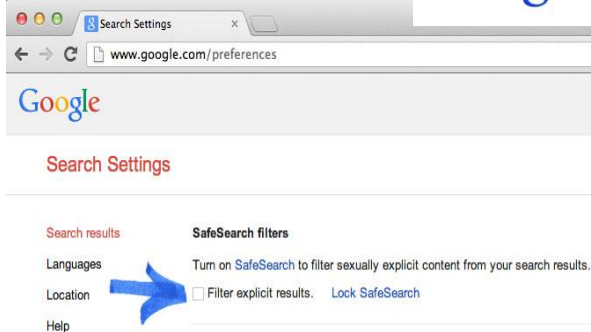


TalkTalk MobileSafe™ protects you, your phone and your family for free



Parental controls for tablets / smartphones are available too – as always, try them and see which works best for you and your family

## Making things safer....



## Making things safer....



### Step 1 - Go to safety preferences



Simply go to the bottom of any page on YouTube™ and click the grey 'Safety' button to open the preference setting.

### Step 2 - Turn Safety Mode 'on' or 'off'



Choose to turn Safety Mode 'on' or 'off' and click on Save. If you turn it on and you have a YouTube™/Google account, you can sign in to your account and lock Safety Mode so that no-one else can change the settings whenever YouTube™ is accessed from that browser.

## Making things safer....



### Step 1 - Turn on console controls

- On your console, go to 'Settings', then select 'Family'
- Select 'On' to turn on Console Safety
- Enter a 4-button pass code using your controller
- Select 'Save and Exit'



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## Making things safer....

Step 2 - Decide what you want to control




**Content Controls**

- On
- Off
- Ratings and Content**
- Family Timer
- Xbox LIVE Access
- Xbox LIVE Membership Creation
- Change Pass Code
- Reset to Default Settings
- Save and Exit

**Current Settings**

- Game Rating: T
- Movie Rating: PG-13
- TV Rating: TV-14
- Explicit Content: Blocked
- Unrated Content: Blocked

**Ratings and content**  
These settings let you restrict games and video content based on the content's rating. You can also set whether or not unrated or explicit content can be played on this console. You can even set up exceptions for individual games that are outside of the rating restrictions you have set.

**Family Timer**  
This setting allows you to limit the time that your console can be used on a daily or weekly basis.

**Xbox LIVE access**  
This setting allows you to decide if your family can connect to Xbox LIVE from this console. Membership of Xbox LIVE enables you to do things like rent films and play games against other people online.

## Making things safer....

### PlayStation




#### Restrict game content

- 1 Go to 'Settings' then scroll to 'Security Settings'.
- 2 The default password is 0000 but you can change this under the 'Change Password' option by following the on-screen instructions.
- 3 Select 'Parental Controls'; enter your password.
- 4 You can now choose the game content you're comfortable letting your family access. The lower the number, the stricter the settings:
  - 2 - Early Childhood
  - 3 - Everyone
  - 4 - Everyone 10 and up
  - 5 - Teen
  - 9 - Mature
  - 10 - Adults Only
- 5 From 'Parental Controls' you can also block access to online play by toggling 'Internet Browser Start Control' to 'On'.



### Simple checklist for parents:

- I have visited [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk) with my child (I have **bookmarked** the CEOP website and told my child what is there)
- Open and honest dialogue - show an **interest** and **learn** about what your child does online
- Set **specific boundaries** and rules for your child - and change them according to their **age**!
- Advertise **yourself** as one of the people your child can turn to - **without** being chastised...
- Education is better than saying to your child "you are not doing this anymore..."

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## Welcome to...

# E-Safety for Parents

### Ashley Rolfe

*Education Child Protection Ltd.*